



Changing the world for single mom families

<https://www.hsmgr.org>

616-485-7594

## How you can change the world for a single mom family you know

### Gifts of Time

- Mentor – Call her up and see how her day is going. Be willing to receive calls from her. In other words, it's like loving your daughter.
- Babysit
- Help with chores – dishes, laundry and folding, clean up, vacuum
- Bring a meal over
- Invite the family over for dinner
- Invite them to a family outing like going to a cider mill or to see Christmas lights

### Gift cards

- Target gift cards give her the flexibility of buying food, clothes, diapers, toiletries or personal items
- Meijer gift cards offer all of the above and gas.
- Gas cards
- Fun family activities: Gift cards to Chuck E Cheese, Altitude, Craig's Cruisers, AJ's, the Children's museum
- Subscription to a grocery delivery plan like Shipt
- Order take-out from a restaurant and deliver to family via Uber Eats
- Pampering gifts for her – hair, nails, massage

### Life Essentials gifts

- First aid kit
- Laundry/cleaning supplies
- Kitchen items like dish towels, dish soap
- Personal care items/toiletries
- Assortment of spices
- School/home office supplies
- Crafts for the kids

### Acts of Service

- Yard work – mowing, raking leaves, snow shoveling
- Oil change for car/or gift card and other car maintenance items
- Household repairs
- Kids' haircuts or gift card